

TIME TO UPSKILL

TRAINING COURSES

ABOUT US

We specialise in a wide variety of rope access and confined space work, as well as delivering practical height safety and confined spaces training. Although based in Invercargill, our trainers regularly travel across New Zealand sharing our expertise with those working at heights.

Completing training through us means that you are dealing with instructors that actually work on ropes so they have a practical understanding of how this may benefit your workplace. Don't expect to be sitting in a classroom talking about practical applications, the best way to learn this is to be hands on.

We can tailor courses specific to your needs while meeting the requirements of AS/NZS standards, and best practice guidelines.



ADVENTURE SOUTHLAND

PRACTICAL SAFETY & ACCESS SOLUTIONS

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RESCUE



We provide training for those needing to develop their rope rescue skills. Whether fall arrest rescue, rope access, or a more advanced procedure, we can tailor our courses to suit your needs.

CONFINED SPACES



If you or your team work in a confined space we can provide training to make sure you're doing so safely. When it's too difficult to access or maintain a safe atmosphere, we can help get the job done.

WORKING AT HEIGHTS



As well as comprehensive and relevant training, we complete a range of work at heights including inspections, maintenance, and pre-rigging height safety systems for you to complete the task safely and efficiently.

CONSULTATION



We provide cost-effective solutions for jobs with accessibility issues and will work alongside your business to help you develop a user-friendly system to minimise potential hazards.

GEAR SALES & INSPECTION



We're not just another safety shop. Frequent use means we have a thorough knowledge of the equipment we sell. We can also provide a recording system, and perform external inspections on your fall arrest equipment.

TRAINING COURSES

HEIGHT SAFETY

Workers will gain the knowledge and skills required to safely approach working with fall arrest systems.

Custom Course

Specific and relevant training matched to both your company's procedures and industry standards.

NZQA Unit Standard Course

Unit Standard 15757

Use, install and disestablish temporary proprietary height safety systems when working at height.

Unit Standard 23229

Use safety harness system when working at height

Course	One-Day	Two-Day
Equivalence	\$290pp	\$425pp
Unit Standards	\$315pp	\$475pp
Refresher course	\$255pp	-
Custom	POA	POA

**Minimum charge and travel costs may apply. All prices are excluding GST.*

CONFINED SPACES

Workers will gain the knowledge and skills required to identify and control hazards associated with confined spaces.

Custom Course

Specific and relevant training matched to both your company's procedures and industry standards.

NZQA Unit Standard Course

Unit Standard 18426

Demonstrate knowledge of hazards associated with confined space.

Unit Standard 17599

Plan a confined space entry.

Course	One-Day	Two-Day
Equivalence	-	\$400pp
Unit Standards	-	\$450pp
Refresher course	\$255pp	-
Custom	POA	POA

**Minimum charge and travel costs may apply. All prices are excluding GST.*

